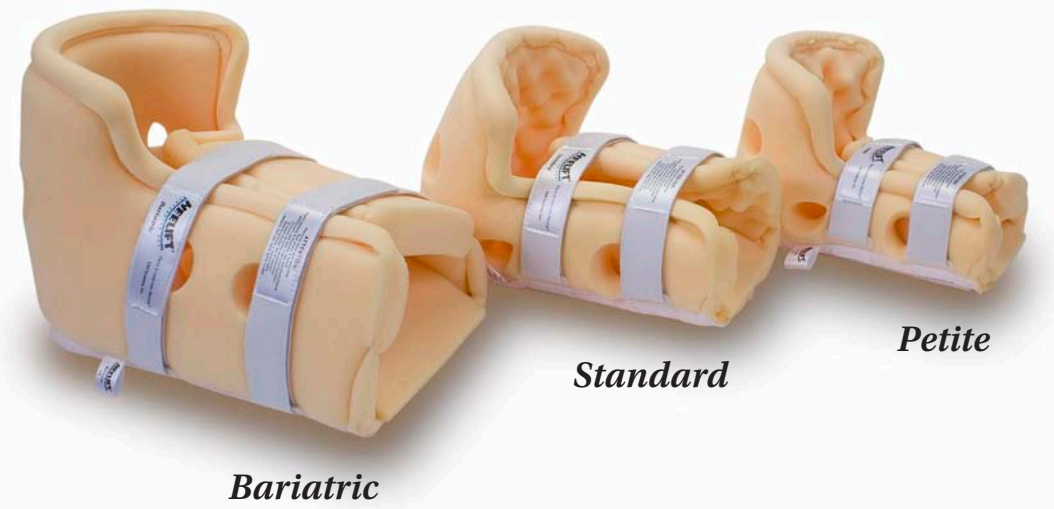




Sizing and Customization



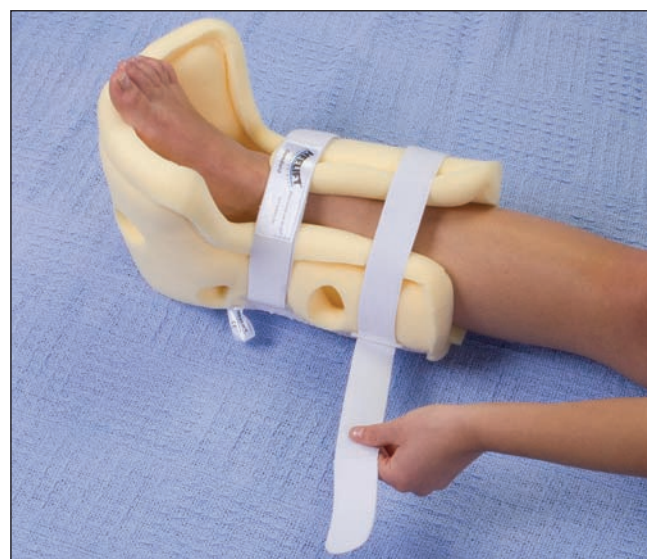
Recommended patient dimensions for sizing:

Heelift® Bariatric	Heelift® Standard	Heelift® Petite
<i>Available in Smooth Foam Interior</i>	<i>Available in Smooth and Convoluted Foam Interiors</i>	<i>Available in Smooth and Convoluted Foam Interiors</i>
Calf Circumference	Calf Circumference	Calf Circumference
12 inches - 23 inches 30 cm - 58 cm	8 inches - 14 inches 20 cm - 36 cm	6 inches - 10 inches 15 cm - 25 cm
Weight	Weight	Weight
220 lbs - 600 lbs 100 kg - 272 kg	120 lbs - 250 lbs 54 kg - 113 kg	70 lbs - 130 lbs 32 kg - 59 kg

Application and Customization of Heelift® Boots:



STEP 1: Place the foot inside the boot with the heel positioned above the heel suspension opening. The heel should hang over the bottom elevation pad.



STEP 2: Pull the closure straps over the leg and thread them through the D-rings. Use hook-and-loop closures to secure the straps. Leave flaps slightly open to provide added ventilation.



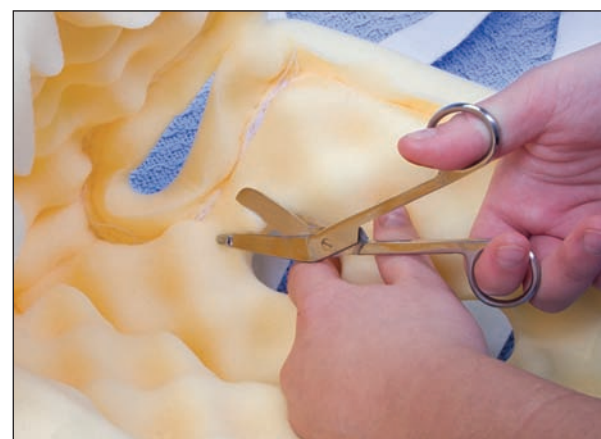
STEP 3: Test for the proper fit. You should be able to fit your fingers between the heel opening and the bed. The boot should not move freely on the leg.



HIP ROTATION: Secure the extra pad in a horizontal position to outer side of the boot.



FOOT DROP: Secure the extra pad in a vertical position behind the sole of the foot.



MALLEOLAR DECUBITUS: Cut away the bumps surrounding the ankle. Cut a portion of the fixed pad if necessary.



ACHILLES TENDON: If redness occurs in this area, cut a "V" shape out of the fixed pad. If using both pads, customize the upper pad.

Washing of Heelift® Boots:

Made of latex-free polyurethane foam. Recommended for single-patient use.

- To **HAND WASH:** use mild cleanser and warm water.
- To **MACHINE WASH and DRY:** secure straps and place in net laundry bag or pillowcase.
- To **SANITIZE** after washing: use an antiseptic spray.
- To **STERILIZE:** use standard protocols with a steam autoclave. Allow a few hours to cool and dry completely.

Patent No. 5,449,339 & 7,458,948 • Suggested Code: E0191



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